Instructions for application

TOTAL PATIENT CARE

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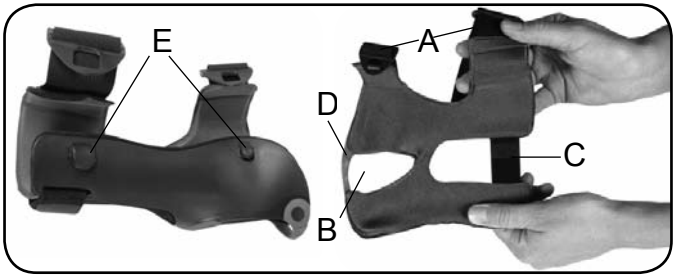
Exolite Carpal Tunnel Wrist Brace

ÖSSUR

Life Without Limitations®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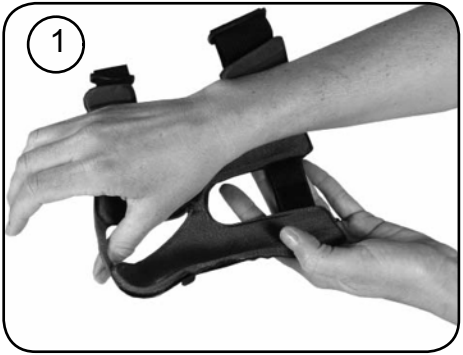
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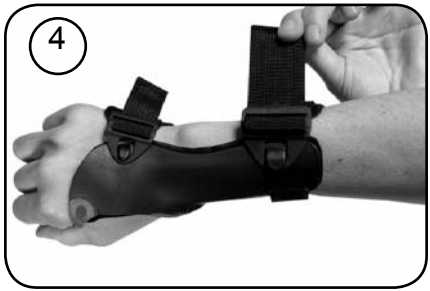
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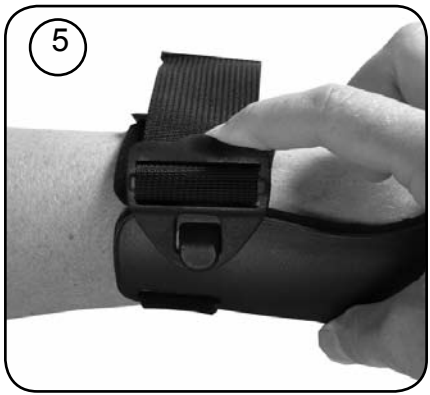
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EN- This product has been designed and tested based on single patient usage. It is a single-use device and should never be used by multiple patients. If any problems occur with the use of this product, immediately contact your medical professional.

USES

Tendonitis, Carpal Tunnel Syndrome, arthritis and other selected injuries

CAUTION

Use this product only under the guidance of a physician or certified medical professional. If any problems occur with the use of this product, please immediately contact your medical professional. Do not over-tighten straps.

PHOTO CAPTIONS

A. Straps with adjustable clips
B. Thumb hole
C. Contact closure sizing strap
D. Web space
E. Strap hooks

FITTING INSTRUCTIONS

1. Unfasten straps and place hand into brace so the thumb passes through the thumb hole and the web space contacts the skin between the thumb and index finger. The strap hooks should be on top of the arm.

2. Fasten straps by placing the square hole in each clip over the corresponding hook.

3. The top portion of the brace should be in-line with your forearm. If not, adjust the contact closure sizing strap until it is in-line wth your forearm.

4. Pull on the end of each strap until comfortably tight. Do not over-tighten traps. The web space should just make contact with the web between the thumb and the index finger.

5. To loosen the straps, lift up on the tab located on each clip until the tension is released. To remove the product, pull each clip toward you to disengage from the hooks.

WASHING INSTRUCTIONS

This product may be cleaned using a mild detergent and cold water. AIR DRY ONLY. The padding can be removed for hand washing. Do not use bleach or strong detergents. Do not wash in washing machine or place in dryer. Care should be taken to replace the padding in its original location.