

Our Dynamic Tape Range...

Dynamic Tape opens up a whole new world of taping possibilities. It possesses strong elastic properties in all directions. Rather than purely restricting movements - as with a traditional rigid tape - it can be used to assist, resist, inhibit, facilitate or unload and offload various tissues. It allows the wearer to move through a full range of movement and assists muscles to work in the same direction as the elasticity.



Dynamic Tape - Beige Tattoo Design

The Intuitive Biomechanical Tape



Dynamic Taping is an innovative method of taping which uses a highly elastic tape, especially designed by a Musculoskeletal Physiotherapist, to inject mechanical energy into the biomechanical chain.

Dynamic Tape is not designed to limit range like rigid tapes but rather to permit full range whilst still providing strong support where needed.

The unique properties and four way stretch permit taping in a way not previously possible with rigid tapes, non wovens or Kinesio Tapes.

It can be used to assist or resist, facilitate or inhibit or offload and deload various tissues. It is simple to use, long lasting, extremely comfortable and easy to incorporate into your current treatment after introductory training.

Available in boxes of 1, 6 or 30 rolls

Black Tattoo Design

Norfolk Island Style

Tattoo Tape is here. Make a statement or have a bit of fun with our new Norfolk Island style tattoo tape featuring iconic Norfolk symbols such as the Norfolk Pine and tropic bird. The artwork has been designed by Tihoti a Norfolk Island resident, tattooist, sculptor and artist, originally from Tahiti.

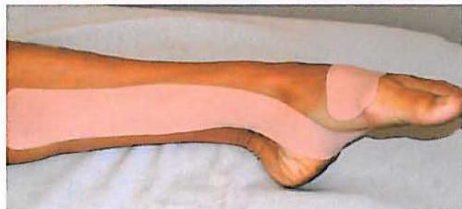


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Some taping techniques used with Dynamic Tape...



Technique used to assist Forearm Extensors



Technique used to assist Supination



Hamstrings



Patellofemoral Joint



Supination Technique



Longitudinal Arch and Plantar Flexors

The techniques illustrated above are meant by example and are by no means exhaustive. Other applications may include: DeQuervain's Tenosynovitis, Glenohumeral and Scapular joint applications. Spinal applications, Neural tissue offloading, Buddy strapping, Hallux Valgus to name a few. Dynamic Tape does what you have always wanted a tape to do. To learn more about Dynamic Taping applications, book one of our workshops today.

